INTRODUCTORY PARAGRAPH Guidelines

The following is an example of the first part of a student outline and how it is converted into an opening paragraph. Use this as a model for how to convert your outline into a paper. Many students choose to use their Essential Question form to help them create their opening. The attention grabber usually is a startling fact, interesting quotation, or scenario related to the topic. The thesis statement is your E.Q. in the form of a statement instead of a question. The three points generally come from the sub-topics on your E.Q. form. Hope this helps!

Positive Attitudes Affect on the Healing Process

- I. Opening Paragraph
 - A. Attention grabber
 - B. Thesis statement: Positive attitude affects the way in which bodies heal and deal with health.
 - 1. Patients dealing with life-changing illnesses greatly affected by their attitudes throughout their fight.
 - 2. Physical affects on everyday health.
 - 3. Techniques to change mental outlook.

"I believe that if you're a positive person your attitude has a lot to do with [recovery]. I definitely feel I will never get [cancer] again" (Wilkinson 797). Beliefs like this help thousands of people survive health scares and traumatic illnesses. A positive attitude can alter people facing life-changing illnesses, and sustain the everyday health of humanity. Simple techniques can teach this outlook. A positive attitude affects the way in which the body heals and deals with illness.

For the complete outline and paper, visit the senior seminar page on the Newark Community High School website.